Welcome to the 2014 Winter Edition of PACE. I hope the PACE finds you warm and well. In this edition I would like to take the time to brief you on some new and exciting developments here at ACPE.

ACPE continues to punch above its weight by once again bringing home the Ann Mitchell Per Capita Cup at the Eastern University Games. I had the pleasure in joining the team for a day in Newcastle and see them compete. Not only did our student command a presence on the field/court but they were welcome ambassadors for ACPE off the field too.

In other news I am very excited to announce that TEQSA has just approved our new degree in Health Science. We will be offering this degree with multiple majors which underpins our strategic plan and our three pillars of focus - Sport, Health and Education. See page 3 for more details but it would be great if you can assist us in spreading the word to all potential students.

Furthermore we have been developing our connections with Olympic Park businesses and related sporting organisations, and as a result, are able to provide our students with practicum and voluntary experiences in a greater number of areas, subsequently enhancing their overall experience at ACPE.

And finally, our 100th year is not that far away and we would love to hear how you would like to celebrate this milestone event. You can send all your ideas to alumni@acpe.edu.au. Don’t forget to continue to keep us up to date on your careers and lives, we love receiving letters and emails from our Alumni.

Brian Nook
Head of College
ACPE

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In 2013 we had a rather small but successful Eastern University Games Team. No one expected our team numbers to jump from 86 students in 2013 to 138 students in 2014. With our larger than usual sized team we were determined to have another successful year. The Eastern University Games event was held in Newcastle at the beginning of July.

The ACPE Pirates consisted of 15 teams across 10 sports – AFL 9’s, Basketball, Futsal, Indoor Cricket, Netball, Oztag, Tenpin Bowling, Tennis, Touch Football and Ultimate Frisbee. Team spirit is always high on the first night with all ACPE competitors attending in their ACPE team uniform and to top it off our very own ACPE Indoor Cricket players David Le was the opening DJ on the night.

Although we only brought home one medal we had six teams finishing in the top five in their sport reinforcing that our performance is improving! Our overall team results saw us finish in 1st place in the Ann Mitchell Per Capita Cup. This cup is back in our hands for a third year in a row.

ACPE is renowned for our team support and spirit at the Games and this year was no exception. There is always a great sense of team harmony and friendship amongst all which is always great to see. There is no better feeling than watching ACPE play, seeing the teams support each other and witnessing the friendships that form and grow over the course of the games.

Thank you to everyone who made the 2014 Eastern University Games one to remember – on and off the field. We are now preparing for the Australian University Games which will be held in Sydney at the end of September.
2014 ACPE CULTURAL EXPERIENCE PROGRAM

The 2014 ACPE Cultural Experience Program travelling group has been selected, with fourteen students and four staff travelling to Phnom Penh, Cambodia to volunteer teach for three weeks at the Cambodian Children’s Fund (CCF).

This will be the fourth visit to CCF since the program was developed in 2011. In that time, the ACPE Community of Students, staff, family, friends and sponsors have collectively raised $51,000 to donate to programs at CCF that provide the opportunity for children to be physically active, and access tertiary education, as well as donating $6,000 worth of sporting equipment. These programs have included the building of two playgrounds [Have a look here: http://bit.ly/pacenews] as well as funding three CCF students to attend University for a four year degree. This will provide for tuition fees, accommodation, uniforms, textbook and resources.

Wednesday 6th August was the first College fundraiser for the 2014 ACPE Cultural Experience Program with a food extravaganza. The day began with bacon and egg rolls for students and staff to help start their day. These proved so popular that an SOS was given for more eggs so that the cooks could keep up with demand.

At lunch time, the cooking relocated to the deck and proceeded to tempt all with the several baked treats by members of the Program. Made on offer were - rum balls; cupcakes; spiders; mars bar slice; brownies; cookies and chocolate covered strawberries. With so many options to try, it was definitely a ‘cheat day’ for many.

ACPE students and staff again demonstrated their generosity and community spirit by raising an amazing $1,169 on the day.

2014 ACPE GRADUATE VOLUNTEER PROGRAM

The ACPE Graduate Volunteer Program was born out of the ACPE Cultural Experience Program. This program provides the opportunity for an ACPE Alumni to travel to Phnom Penh, Cambodia to volunteer teach as the PE teacher at the Cambodian Children’s Fund (CCF). This is a unique teaching position where ACPE alumni can lend their skills and knowledge to CCF that they developed while at ACPE.

The 2014 ACPE Graduate Volunteer Program has selected Maddy Clark (2013 BDE Alumni) to travel to the Cambodian Children’s Fund (CCF) to be their PE teacher. Maddy has a tremendous amount of experience with CCF, having been a member of the 2011 and 2013 ACPE Cultural Experience Program. During these programs, it was clearly evident the bond that Maddy created with many of the children. It is fitting that Maddy will now have the opportunity to strengthen these relationships through working at CCF for four months. Combined with her other teaching experiences including with individuals with a disability and her other community service achievements [Maddy received the ‘Tom Carr-Boyd Community Spirit’ Award in 2013].

She is a great testament to the calibre of graduate that this program is seeking to attract. Maddy will commence her teaching at CCF in August and conclude her stay when she returns with the 2014 ACPE Cultural Experience Program. Congratulations Maddy.
FIVE NEW DEGREES FOR ACPE

ACPE is excited to announce we have received approval from TEQSA to teach a new suite of degrees. The Bachelor of Health Science (BHSc) is aligned to the College’s pillar of Health (the other two pillars are Sport and Education), and allows ACPE to diversify its offerings in an area of strong community need. The structure of the degrees reflects the new direction of the College which aims to develop courses comprising of a core and a major. Health and Science units make up the core of the BHSc. Majors will be offered in fields related to Health Science including Exercise, Fitness, Sport, Community Health and Dance. Each major provides a unique opportunity to study a specialised qualification where each major originates from other degrees offered by ACPE. This structure provides opportunities for graduates to specialise in related areas of interest and enhances their employment potential.

ASPIRING JUDOKA OFF TO YOUTH OLYMPICS

First year Bachelor of Education (PHE) student Naomi De Bruine was selected to participate in the 2014 Youth Olympic Games in Nanjing, China which commenced on the 16th of August. Being a part of the Youth Olympic Games remains a crucial pathway for the development of young athletes. Naomi competes in the 78kg Women’s Judo competition.

In becoming a member of this 2014 Australian Youth Olympic Team, Naomi will carry on building the tradition and values that the Youth Olympic Games are built on. Part of the growing tradition of the Youth Olympic Games involves not only performance in competition, but also the high behavioural standards and responsibilities that come with being a Youth Olympian.

Naomi is only 18 years of age and is studying full time at ACPE. Naomi was born in the Netherlands and began her career in Judo at age 7. Her most recent achievements are in 2013 in which she came 7th in the Cadet World Championships and 2nd in the Australian Youth Olympic Festival.

We wish Naomi all the best during her experience at the Youth Olympic Games.

RUNNING FOR THE FAMILY

Kevin Moore has been a student at ACPE for many years now, completing a Bachelor of Education [PHE] in between travelling and competing.

In 2010, Kevin was selected to represent Australia at the Commonwealth Games in Delhi, India in the 4x400m relay team, where the team won gold. In 2011, Kevin was privileged to compete for Malta at the GSSE where he went on to win gold in the 400m event and then in 2013, he was honoured to compete full time for Malta. This was a very memorable moment in Kevin’s career as he spent the first seven years of his life in Malta, starting school, having a lot of family in Malta and the country of his late father.

Kevin recently competed for Malta at the recent Commonwealth Games in Glasgow, Scotland and carried out the privileged role of flag bearer at the Opening Ceremony. Kevin reflects on his recent Games experience, “The Commonwealth Games experience was amazing, and the Games were well organised. Team Malta was about 8% the size of team Australia so the “team” environment was high and everyone was super supportive of each other, it was a great feeling.”

Kevin is currently in Zurich, at the 2014 European Athletics Championships and will be competing in the 100m and 200m events.

Congratulations Kevin on your recent achievements.
IN BRIEF

UPCOMING ACPE OPEN DAY
ACPE will be holding an Open Day on Saturday 13th September 2014. The campus will be abuzz with activity on the day, and visitors will have the opportunity to participate in a range of activities that include campus tours, parent information sessions, presentations from lecturers and industry experts, undertake a personal career plan session and visit a range of stalls for support services, academics and ACPE programs. If you know anyone who would be interested, get them to register at acpe.edu.au/openday

RECONCILIATION ACTION PLAN
Recently, Associate Dean Dr Kathie Ardziejewska got together with a small number of other staff to discuss the need for ACPE to develop a Reconciliation Action Plan. Through such documents, organisations can plan and record what they can do to contribute to reconciliation in Australia. We see this as important both at a College level, as part of our social responsibility, and also to provide a model for our students and their engagement with local and not so local community groups.

Our proposal is to form a working group of interested staff, students, Alumni and representatives from the local community whose job it will be to formulate and oversee enactment of a plan.

If any Alumni are interested in joining this group or supporting this project in another way, please email Associate Dean Jacqueline Simmonds at jsimmonds@acpe.edu.au

CAREER DEVELOPMENT OFFICE CONFERENCES
The Career Development Office managed by Peter Rowles and his team conduct a range of Career Conferences over the year to support students in all degrees to ensure they are job ready at the conclusion of their studies.

During a number of events held in June, students had the opportunity to engage with a range of industry professionals to help broaden their understandings of the sports industry, introduce them to a range of sport industry workplaces and gather information to help them make career decisions.

Some of the following industry leaders who presented information and networked included:

- Rob Rowland-Smith - The Sand Warrior - Fitness Trainer and Motivational Coach
- Louise Sauvage - Olympian and NSWIS Athletic Coach
- Gavin Robertson - Media Broadcaster and Corporate Sponsorship Manager GWS Giants
- Justine Whipper - Player Development Manager NSW Cricket
- Rob McMurtrie - Director Sportspeople.com
- David Moore - Coach Education Manager NSW Cricket
- Steve Pike - Welfare Manager Bulldogs NRL
- Samantha Feyzeny - Brand manager NSW Rugby League
- Richard Griffith - COO Giants
- Melissa Caltabiano - Alumni and Dance Specialist Teacher
- MLC Burwood

Any Alumni who would like to be part of any of these or other programs offered by the the Career Development Office, contact Peter Rowles at prowles@acpe.edu.au

OUTRAGEOUS AGING PROJECT
Students in the third year of the Bachelor of Applied Fitness degree at ACPE have commenced data gathering for the Outrageous Aging project. In this project, they are measuring quantitative and qualitative data in elderly lesbian, gay, bisexual, transgender and intersex (LGBTI) individuals.

Elders who identify as LGBTI experienced higher levels of chronic ill health, including physical disabilities and psychological conditions than their older heterosexual counterparts (Wallace et al.). Due to their personal histories and experience of homophobia, elderly LGBTI have a high attrition rate from organised exercise programs.

All students were required to attend a course of sensitivity training to use appropriate manners to deal with elderly and to ensure that homophobia is avoided in deeds and language.

Students enrolled into the ‘program’ are providing exercise classes three times per week to members of this community. Fitness assessments were applied prior to exercise prescription and will be performed at the end of the 8 week period for a comparison and to measure efficacy of the program.

All exercise prescription is supervised by the Course Convenor of the BAppF degree, Damon Kendrick who is accredited as an Exercise Physiologist (AEP) with Exercise and Sport Science Australia (ESSA). For more information on the project email alumni@acpe.edu.au

NEW ACCESS AWARDS
We have introduced a new Access Award which has been designed for the working professional within the Sport and Dance industries. If you or someone you know who would benefit from receiving financial assistance towards the cost of their sporting degree, contact an Student Enrolment Advisor on 1300 302 867 to find out more!

HUGE SAVINGS AT OUR SISTER COLLEGE ACPE ACADEMY
At our sister college, ACPE Academy, they currently have bundled fitness courses at amazing combo prices! To find out how you can save, visit acpeacademy.edu.au/courses/fitness