The Faculty of Health

Overview
The AIAS courses in allied health are designed to suit both new and more experienced professionals. Flexible learning options mean you can start on the path to a career as an Allied Health Professional specialising in nutrition & dietetics or client & physiotherapy support while balancing your other commitments.

Our Clinic
The AIAS clinic facilities are open to the public and allow our students to practice their skills in a hands-on environment. Online students have the option to participate in clinic hours via on-campus block training sessions, ensuring they also gain practical experience.

Accreditation
The AIAS Health Faculty provides nationally recognised world-class allied health courses that meet the requirements of the relevant National Training Packages. These courses have been developed by industry experts, ensuring you are well-prepared to commence your new career.

aiais.edu.au/health
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Certificate III in Allied Health Assistance - Nutrition & Dietetics Stream

Campus: Online

Online option 1: 1 study period (24 wks)
Online option 2: 2 study periods (48 wks)

If you have a passion for healthy eating and nutrition and want to share that knowledge with other people, our Nutrition & Dietetics course will pave the way. In this course we cover all the skills you’ll need - from menu and meal planning to basic knowledge of how the human body works – plus we'll give you plenty of practice assisting clients so you can gain the hands-on skills needed to perform the duties and tasks in the job you are training for.

The Certificate III in Allied Health Assistance ‘Nutrition & Dietetics Stream’ will provide you with the skills and knowledge necessary to work with and interact appropriately with clients. This course is delivered through a combination of online learning and a work placement.

Where will it take me?: Achieving the Certificate III in Allied Health Assistance ‘Nutrition & Dietetics Stream’ qualifies you to perform assistance to allied health professionals. As a key member of a health team at this level, you’ll operate under direct supervision in fields such as patient care, food service and management, community nutrition and public health, consultancy/private practice and food industry. Your role could involve supporting a dietician to assess nutritional needs for your clients, handle and maintain data, conduct client sessions, and prepare meals and menu plans. Employment can be gained in hospitals, both public and private, and the rehabilitation sector.

Certificate IV in Allied Health Assistance - Nutrition & Dietetics Stream

Campus: Online

Online option 1: 1 study period (48 wks)
Online option 2: 2 study periods (72 wks)

The Certificate IV in Allied Health Assistance ‘Nutrition & Dietetics Stream’ will provide you with the skills to perform therapeutic and program-related support to allied health professionals. This course is delivered through a combination of online learning and a work placement. This hands-on course focuses on how to deliver effective client service and the foundation knowledge in nutrition principles required to work as an allied health assistant in areas of nutrition or dietetics.

This Certificate IV is appropriate for students from a range of backgrounds and career stages including (but not limited to) school leavers, those wishing to re-enter the workforce, those wishing to enter a different industry sector and university graduates wishing to attain vocational education and training skills.

Where will it take me?: Achieving the Certificate IV in Allied Health Assistance ‘Nutrition & Dietetics Stream’ qualifies you to perform the role of a nutrition or dietetic assistant to allied health professionals. Allied health professionals cover areas such as rehabilitation, nutrition and occupational therapy. Other roles could include ‘Meals on Wheels’ professionals and health promotion workers. Occupational titles for these workers may include Therapy Assistant, Nutrition Assistant, Dietetics Assistant or an Allied Health Assistant.

Certificate IV in Allied Health Assistance - Physiotherapy Support Stream

Campus: Online

Online option 1: 1 study period (48 wks)
Online option 2: 2 study periods (72 wks)

If you have a keen interest in working in the health industry and want to provide care and comfort to people receiving allied health treatments, our Certificate IV in Allied Health, specialising in Physiotherapy Support is the ideal course for you. In this course we cover all the skills you’ll need – from assisting allied health professionals by providing support to clients working effectively in mental health – plus we’ll give you plenty of practice assisting clients so you can gain the hands-on skills needed to perform the duties and tasks in the job you are training for.

Where will it take me?: Achieving the Certificate IV in Allied Health Assistance ‘Physiotherapy Support Stream’ qualifies you to perform assistance to allied health professionals. As a key member of a health team at this level, you’ll operate under direct supervision in fields such as Physiotherapy, rehabilitation, sports therapies, private practitioners, work, public or private healthcare sectors as an assistant to allied health professionals. Your role could involve developing therapy resources, conducting client sessions, and administrative tasks. Occupational titles for these workers may include Therapy assistant, Physiotherapy Assistant, Occupational Therapy Assistant, Allied Health Assistant and Therapy Assistant.

About AIAS

Whether you intend to study for interest, or to begin a new career in the health or well-being industries, the AIAS has a course that will suit you. The AIAS provides world-class quality education to students, at an affordable, competitive price.

The AIAS is known internationally for its high standards, safe practices and professionalism.

Our courses are developed through consultation with professional industry associations, and are constantly updated to meet the needs of students and industry.

How do I fund my studies

Find out more

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