Overview
Offering massage courses since 1974, the AIAS has developed a reputation as one of Australia’s premier providers of massage courses. Graduates work as:
- remedial massage therapists
- sports massage specialists
- specialists in child or aged care massage
- well-being therapists

Our Clinic
The AIAS massage therapy clinics include the state-of-the-art facilities needed in the practice of remedial massage.
On-campus students are able to practise hand-on skills in massage techniques within a real clinic environment.
Off-campus students may attend optional block training sessions to practice the skills they have developed.

Accreditation and Recognition
All of our massage therapy courses are from the HLT07 Health Training Package. These are developed in conjunction with the industry and endorsed by the National Skills Standards Council, so graduates can be sure they have the skills needed to enter this exciting field.
Graduates of the AIAS massage courses may be eligible to apply for membership with one or more of the industry’s professional associations.

aias.edu.au/massage
The Faculty of Massage

Certificate IV in Massage Therapy Practice  [HLT43012]
Campus: Brisbane, Melbourne or Online
On campus: 13 weeks full-time (26 weeks part-time)
Online option 1: 24 weeks
Online option 2: 48 weeks
If you are looking to launch your career as a massage therapist, this course teaches the technique, anatomy, physiology, pathology and symptomatology to provide effective relaxation and therapeutic massage. You will also learn communication and organisational skills to work effectively in the business side of the industry.

Where will it take me?: As a competent base level massage therapist, you will find employment in a range of areas including in a clinic (or in your own clinic), in a spa facility, with sports teams and in the fitness industry, or in an aged care or a palliative care facility. Common job titles are Massage Therapist or Massage Therapy Practitioner.

Some units of study can be credited towards other courses at the AIAS.

Diploma of Shiatsu & Oriental Therapies  [HLT5012]
Campus: Brisbane, Online
On campus: 48 weeks full-time (84 weeks part-time)
Online option 1: 96 weeks
Online option 2: 168 weeks
This qualification will give you the education and training to successfully launch your career in Shiatsu and Oriental Therapies. There are no prerequisites for entry, with the aim of the course being to transform the complete beginner to a qualified Shiatsu and Oriental Therapies Practitioner. You will gain skills in Chinese acupressure, Chinese philosophy, shiatsu massage and structural alignment. The program will also train the students in communication, anatomy and physiology, clinical medicine and practice administration.

Where will it take me?: Graduates will be competent in Shiatsu Therapy and can link these skills to the wider Oriental Therapies framework. You can expect to embark on a successful career as a Shiatsu Practitioner. This course can also be used as a stepping stone to further study at Diploma and Advanced Diploma level.

Diploma of Remedial Massage  [HLT50101]
Campus: Brisbane, Melbourne or Online
On campus: 36 weeks full-time (48 weeks part-time)
Online option 1: 72 weeks
Online option 2: 96 weeks
If you have completed a Certificate IV in Massage Therapy Practice (or equivalent), The Diploma is an advanced level course that covers many aspects of remedial massage including massage therapy, lymphatic drainage, treatment for athletes, and treatment for chronic diseases, shiatsu and deep tissue massage. You will also gain important training in professional practice, legal and ethical requirements, anatomy and physiology and clinical management skills.

Where will it take me?: You will have the skills required to be self-employed as an independent practitioner or to work within a larger health service.

This course covers the provision of remedial massage treatment to clients with specific needs such as injury management, rehabilitation, palliative care, aged care and women and children. Practitioners at this level may supervise other massage therapists.

Graduates generally gain employment as Remedial Therapists, Remedial Massage Therapists, or Remedial Massage Practitioners.

This Diploma can also be used as a pathway to higher education.

Diploma of Reflexology  [HLT51712]
Campus: Brisbane, Online
On campus: 48 weeks full-time (72 weeks part-time)
Online option 1: 96 weeks
Online option 2: 144 weeks
For those looking to launch a career as a reflexologist, the course covers the key areas of reflexology and related disciplines such as Massage Therapy. This coupled with modules on Medical Science such as Anatomy and Physiology, and Musculoskeletal Anatomy means that you’ll have a well-rounded qualification. The elective streams provide opportunities for flexibility and specialisation, depending on your career goals.

Where will it take me?: Those qualified in reflexology are employed in a range of settings including clinics, spas and health retreats and resorts. There are opportunities for you to operate as a self-employed independent practitioner or to gain employment in any of the settings mentioned above. Once you have gained experience and become established in the field, you might progress to management level, coordinating the work of other reflexology practitioners. Graduates often find employment as reflexologists or reflexology practitioners. This Diploma can also be used as a pathway to higher education.

Diploma of Traditional Chinese Medicine Remedial Massage (An Mo Tui Na)  [HLT51012]
Campus: Brisbane, Melbourne or Online
Online: 48 weeks full-time (84 weeks part-time)
Online option 1: 96 weeks
Online option 2: 168 weeks
The Diploma of Traditional Chinese Medicine Remedial Massage (An Mo Tui Na) offers training in all aspects of TCM massage. Students will learn about massage therapy, shiatsu, Chinese Philosophy, Chinese acupressure and structural aligning. There is also a strong emphasis on communication, anatomy and physiology, clinical medicine and clinical management.

Where will it take me?: This qualification provides skills in Traditional Chinese Medicine Remedial Massage as well as specialist skills in treatment for women and children and in traumatology treatment. Graduates may also work in conjunction with practitioners qualified in other TCM areas of practice. Graduates from this course will generally be successful as TCM Remedial Massage Practitioners, TCM Remedial Massage Therapists, Chinese Remedial Massage Practitioners, and Tui Na Practitioners.

Some units of study can be credited towards another course at AIAS.

Many graduates choose to further their education by undertaking an Advanced Diploma with AIAS. The Diploma also offers a pathway to higher education.

Ask us about our combo qualifications in:
• Certificate IV in Massage Therapy Practice & Diploma of Remedial Massage

About AIAS
Whether you intend to study for interest, or to begin a new career in the health or well-being industries, the AIAS has a course that will suit you. The AIAS provides world-class quality education to students, at an affordable, competitive price.

The AIAS is known internationally for its high standards, safe practices and professionalism.

Our courses are developed through consultation with professional industry associations, and are constantly updated to meet the needs of students and industry.

How do I fund my studies
Australian students can study now and pay later on a range of eligible courses through the government’s VET-FEE Help Scheme.

For non-eligible VET-FEE Help courses, AIAS offer a range of flexible payment plan options.

Find out more
1300 880 933 | aias.edu.au/massage